



I.N.S.P.I.R.E

*INCLUSIVE SPORTS PROGRAMS
FOR INDIVIDUALS WITH AUTISM*

ERASMUS+ SPORT
PROJECT REF. 101182662
01/11/2024 - 31/03/2026

5 GOOD PRACTICES FOR PARTNERSHIP IN THE PROJECT



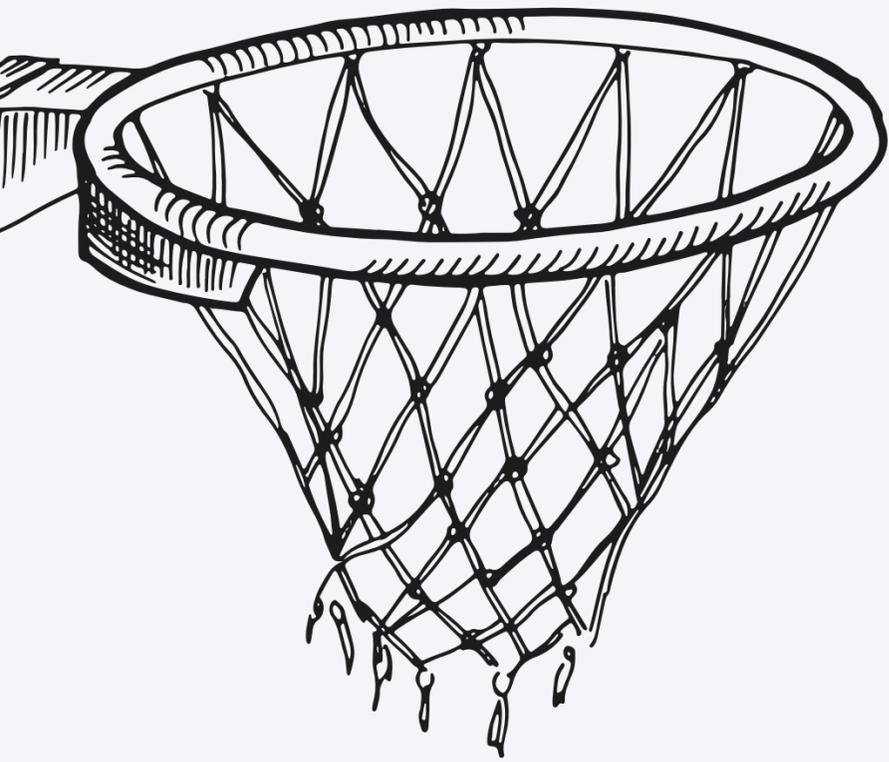
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01

Transparent and Continuous Communication

Establish clear and constant communication channels between all partners to ensure information is shared promptly and transparently.





02

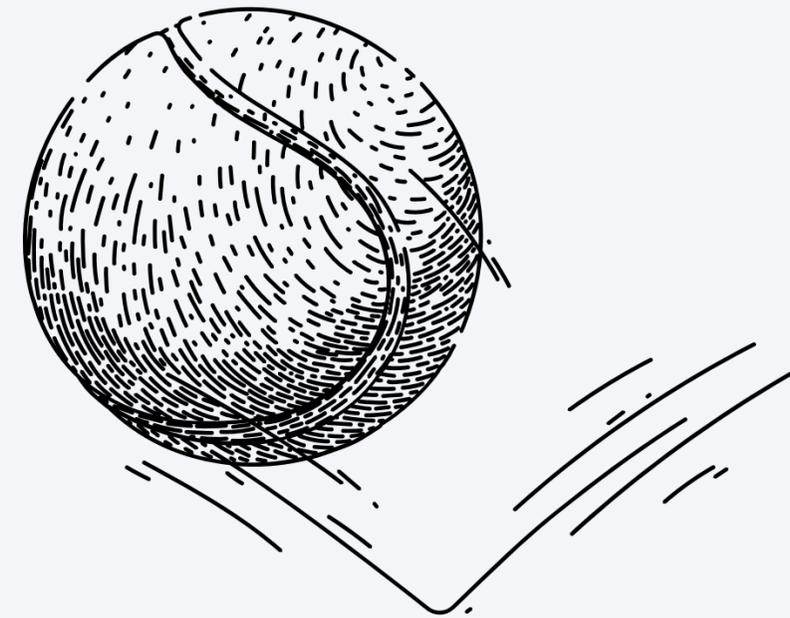
Clearly Defined Common Goals

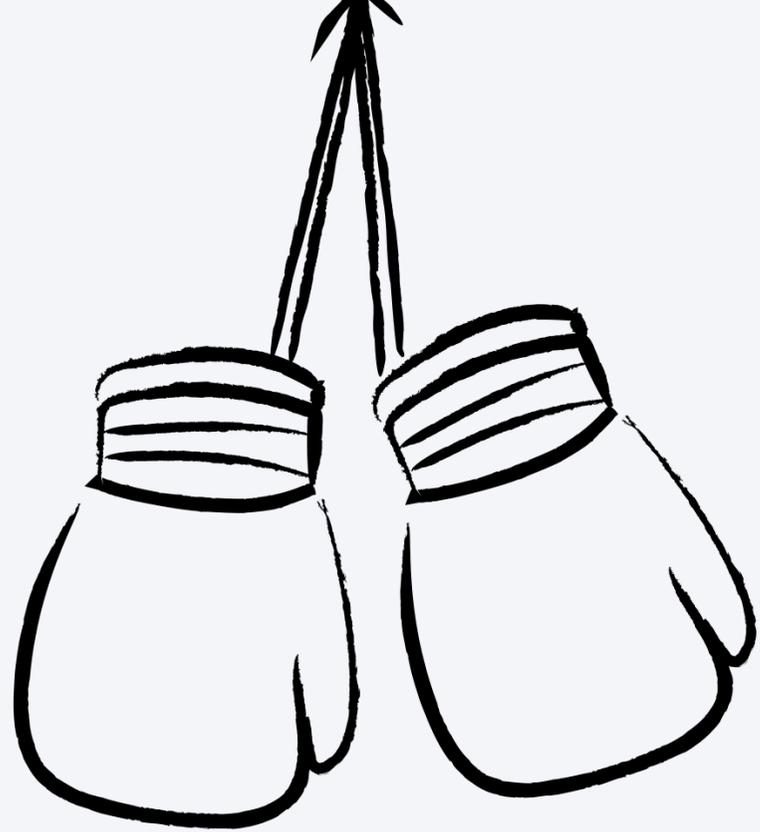
Ensure that all partners are aligned on the strategic and operational goals of the project, with a shared commitment to the final outcomes.

03

Shared Resource Management

Collaborate in planning and managing resources, both financial and human, to optimize efforts and maximize the project's effectiveness.





04

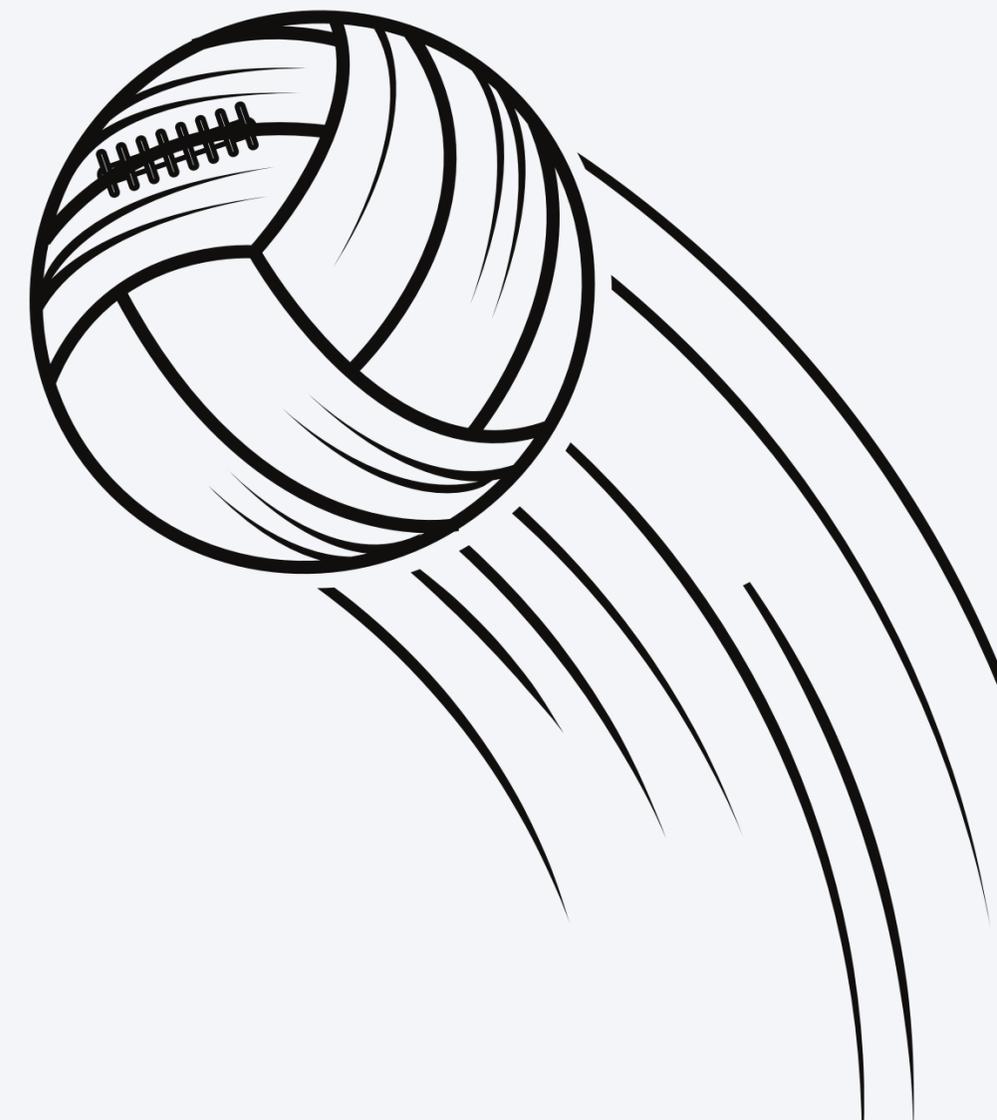
Clear Roles and Responsibilities

Assign well-defined roles and responsibilities to each partner to avoid overlaps or gaps in work, facilitating effective project management.

05

Culture of Trust and Mutual Respect

Create a working environment based on trust, respect for each other's skills, and valuing the contributions of each partner, encouraging collaboration and mutual support.





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THANKS!

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10 SUSTAINABLE PRACTICES FOR THE PROJECT



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01 

Reduce paper usage

Use only digital documents (emails, shared files) for communications, invitations, and informational materials, avoiding printing unnecessary documents.





Promote virtual meetings

Prefer online meetings rather than physical ones, reducing carbon emissions associated with travel, especially considering the transnational aspect of the project.

03

Use Cloud Sharing Platforms

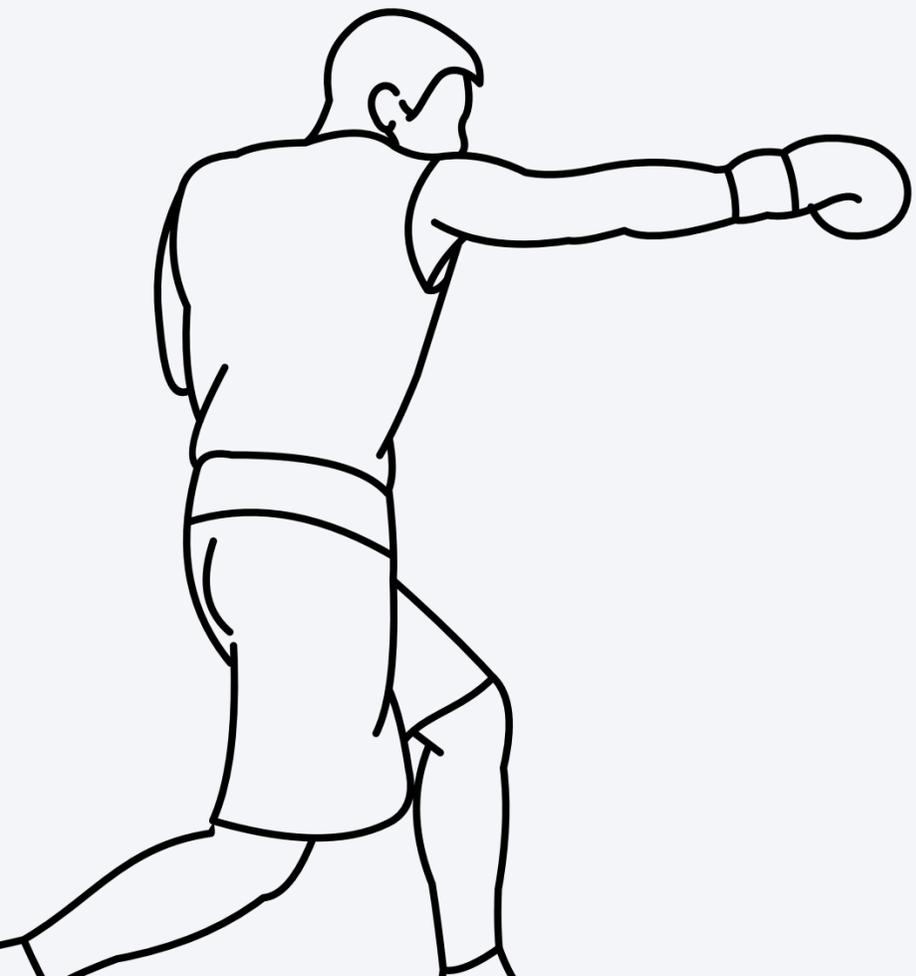
Store and share documents via cloud platforms (Google Drive, Dropbox, etc.) to avoid printing materials and enable real-time collaboration among partners.

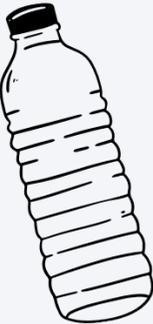


04 

Sustainability in Physical Meetings

If physical meetings are necessary, choose locations accessible by public transport and connected to nature, to reduce the environmental impact related to travel.



05 

Avoid Single-Use Plastics

Provide reusable water bottles for participants and reduce the use of single-use plastic for catering during events or meetings.





Provide Reusable Materials

Use badges, catering utensils, and other materials that can be reused during meetings, such as cups or plates made from biodegradable or washable materials.



Set Up Recycling Stations

Install clearly visible recycling stations in every area where activities take place to easily separate paper, plastic, and organic waste.





Use Digital Certificates and Diplomas

Send diplomas and certificates via email, reducing the need to print on paper and contributing to the project's sustainability.

09 

Avoid Unnecessary Gadgets

Avoid distributing gadgets like pens, t-shirts, and badges. Instead, offer useful prizes that participants can actually use in their daily lives, such as reusable cups or eco-friendly bags.





Promote Sustainable Eating

If catering is provided for events, choose suppliers offering organic, local, or vegetarian/vegan food, thus reducing the environmental impact related to food production and transportation.



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